



Coleshill C of E Primary School

NEWSLETTER
20th November 2020
Volume 4, Issue 10

Inspiring our children to flourish and enjoy 'Life in all its fullness' (John 10:10)

Work on Outdoor Prayer Space Begins

One of the development points to come out of our SIAMS inspection last year was for us to design an outdoor space which could be dedicated to reflection and prayer. This week we started work on creating the space that Worship Council will be designing and creating. We look forward to it taking shape as the pupil council get busy!



Exciting goings on in Year 1



Children have been working flat out during this half term to catch-up on learning that was missed at the end of last year. So today has been a 'break out' day with lots of different creative learning taking place. Year 1 were bubbling with excitement when they arrived to find a mystery package



waiting for them on the carpet. Inside was a letter all the way from the kingdom of Arendelle setting the class a fascinating task for the day.

We will have another special 'break out Friday' in 3 weeks time as reward for children's amazing hard work!

Special Mentions

This week is Anti-Bullying week and so in we have been focusing on our value of **Kindness**.

Everyone of our children below have shown that value in bucket loads this week! Well done to our role models—you deserve the praises. 🤗



1GW	Harrison	Noah	4SL	Archie	Ava
1JO	Lauren	Lian	4SM	Lilly-Ann	Nancy
2TJ	River-Lee	Danny	5C	Kacey	Andrew
2JR	Leo	Leola-Lovai	5FH	Colson	Rosie
3CP	Logan	Evie	6WJ	Lucan	Ruben
3LM	Roman	Harriet	6TB	Becca	George

Computing: Poppy 4L

PE: Emily 5FH

Collective Worship:
Song of the week
[Click here](#)





Notices

Reception and Pre-school Return Date

We look forward to welcoming EYFS back next week. We are delighted that Reception and Pre-school can re-open a day earlier than first expected on **Tuesday 24th November** following updated guidance from NHS track and trace.

We are re-structuring EYFS wraparound care to ensure it is more resilient to any future positive cases. Therefore, Before and After School Club for Reception and Pre-school children will not resume until **Wednesday 25th November** to enable us to make adjustments.

Flu Vaccine—30th November 2020

Please follow the emailed guidance you have received to give your consent for your child to receive the **FREE flu vaccine**. This year is seen as the most important year in recent history for vaccinations to occur across the nation, however we have seen a fall in parent permissions to approximately 50%. Last year we vaccinated around 65% of our children. If you are unsure about the process, please call the school office as soon as possible. Thank you.

Coleshill Library – yes we are open!

Monday 9.30-12.30

Tuesday 9.30-12.30 1.30-5pm

Wednesday 9.30-12.30

Thursday 9.30-12.30 1.30-5pm

Friday 9.30-12.30

Saturday 9.30 -12.30

Coleshill Library has some wonderful winter themed and Christmas books for adults and children.

Everything from the icy crime of Jo Nesbo to the fun of Peppa Pig, just the thing to pass the time on these long dark evenings. Take advantage of our Click and Collect service by reserving your items online using your library card or ask our staff to select an assortment of items for you. There are no request charges for these items. If you are not a member it is easy to join online through the Warwickshire Libraries website and your library card will be posted to you. Follow us on our Facebook page for all the latest updates and if you are passing by call in and ask us how we can help, to keep you and your family reading during the months ahead. We look forward to seeing you very soon.



Contact the Library on 0300 555 8171 or email directly with your order;
coleshilllibrary@warwickshire.gov.uk



Competition Time

Your local police team are looking for budding artists to create some posters to tell people about dangerous parking next to our schools.

There will be prizes for winning entries at all of the schools and all schools who take part will receive a large banner to put on school gates or fences.



We hope you have some great ideas to promote Road Safety and Safer Parking to stop people parking on the pavements or Zigzag lines outside your school.

The winning entries will be turned into posters and put up on and around our local schools.

The closing date for entries will be Friday 8th January 2021 so you can get creative over the Christmas holiday. Put your name and the name of your school on the back of your picture.

Thank you and happy drawing!!



www.warwickshire.police.uk



[warwickshirepolice](https://www.facebook.com/warwickshirepolice)



[@warkspolice](https://twitter.com/@warkspolice)



[@warwickshirepolice](https://www.instagram.com/@warwickshirepolice)

A PARENT'S GUIDE TO ANTI-BULLYING

If your child has previously experienced or is currently experiencing bullying behaviour, it can be a very upsetting and emotional time. You may also feel quite isolated and anxious about what to do to support your child and resolve the situation. In this guide, we will explore bullying behaviour and definitions, some of the most common signs to look out for if you know or suspect that your child is experiencing bullying behaviour and practical next steps towards a solution.

BULLYING FACTS IN THE UK

The national centre for social research found that **47%** of young people reported that they had experienced bullying behaviour by the age of 14. (Brown, Clerly & Ferguson, 2011)

The number of children and young people who have experienced cyber-bullying behaviour has increased by **88%** in five years, according to the NSPCC Report. (2015/16)

16,493 young people aged 11-15 are absent from school due to bullying behaviour. (Clerly, 2011)

THE DIANA AWARD'S DEFINITION OF BULLYING BEHAVIOUR_

Repeated negative behaviour that is intended to make others feel upset, uncomfortable or unsafe. This can happen both online and offline.

TYPES OF BULLYING BEHAVIOUR



Verbal bullying behaviour is the repeated, negative use of speech, sign language or verbal gestures to intentionally hurt others **e.g. using hurtful words, discriminatory or offensive language or swear words.**



Indirect bullying behaviour is the repeated, negative use of actions which are neither physical nor verbal to intentionally hurt others **e.g. spreading rumours, purposefully excluding another person, damaging or stealing someone's property or cyberbullying.**



Physical bullying behaviour is the repeated, negative use of body contact to intentionally hurt others **e.g. kicking, punching, slapping, inappropriate touching or spitting.**



DIGITAL BACKPACK

SIGNS AND SYMPTOMS TO LOOK OUT FOR IF YOU BELIEVE YOUR CHILD IS EXPERIENCING BULLYING BEHAVIOUR_

- Isolation from social groups or gatherings
- Changes in personality (quieter or acting out for attention)
- Fall in school grades
- Defensive body language
- Stopped doing activities they enjoy
- Regularly truants from school
- Does not want to go to school
- Being upset before or after school
- Being secretive and hiding their phone or other devices

HOW TO HELP YOUR CHILD IF THEY ARE EXPERIENCING BULLYING BEHAVIOUR_

It can be hard as a parent/guardian to find out your child is experiencing bullying behaviour. If your child tells you that this is happening, listen to them carefully, praise them for confiding in you and remain calm.

STEP ONE

Speaking to your child_

- Unhelpful responses include: 'just ignore it', 'man up', 'stop telling tales' or 'it is just a normal part of growing up'. Instead, try helpful responses like 'Thank you for telling me', 'We will get through this together' or 'I will support you through this'.
- Focus on acknowledging how they feel rather than dismissing it. Young people have the right to feel safe and happy at school and bullying behaviour should never be a barrier to learning. Try to remain calm and positive.

STEP TWO

Get all the facts_

- Use active listening, approach conversations with no expectations/hidden agenda and don't ask leading questions. Instead, encourage your child to tell you what has been happening in their own words. Avoid blaming language such as 'I told you not to wear that to school'; remember that experiencing bullying behaviour is never the young person's fault.

STEP THREE

Work with others who can help you_

- Work with the school: There are a lot of school staff who can support your child to take positive next steps. This sometimes includes the school's pastoral lead or SENCo (Special Education Needs Coordinator). All schools are legally required to have an Anti-Bullying Policy and a procedure to follow when bullying incidents takes place. Check the school website or ask to see a copy of these documents so you can work with the school to resolve this together.
- Other parents: You may be tempted to speak to other parents or even post something on social media. This can be detrimental, as it could exacerbate the situation.



HOW TO HELP YOUR CHILD IF THEY ARE EXPERIENCING ONLINE BULLYING BEHAVIOUR_

In addition to the above:

- Encourage your child to talk to you about what has happened. They may also have a teacher who they trust and can go to for support in school too.
- Report the post/video or photos on the app/online platform. All online apps/platforms have online Help Centres where they outline the steps to report content. In most situations, reporting content is anonymous, so the person who posted the content will not know who reported it.
- Block the person posting the content. This will stop them being able to message your child.
- Save the evidence by screenshotting.
- Encourage your child to not reply or answer back, however tempting it may be.
- Stay positive.
- If your child is ever in immediate danger, ring 999.

Further Support:

For FAQs and further support, take a look at our support centre here:

www.antibullyingpro.com/support-centre

Keep up with the latest technology and social media here:

www.net-aware.org.uk

For a more detailed look at bullying behaviour and the psychology behind this behaviour, visit the Anti-Bullying Alliance's website and complete the e-learning modules:

www.anti-bullyingalliance.org.uk/tools-information

The Diana Award Crisis Messenger provides free, 24/7 crisis support across the UK. If you are a young person in crisis, you can text **DA** to **85258**. Trained volunteers will listen to how you're feeling and help you think through the next step towards feeling better.

The Diana Award trains young people in schools to stand up to bullying behaviour – if you would like us to come to your child's school, tell their school teachers about The Diana Award's free Anti-Bullying Ambassador Programme.

<https://www.antibullyingpro.com>

References_

Brown, Clery & Ferguson (2011). Estimating the prevalence of young people absent from school due to bullying. National centre for social research.

Found here:

<http://natcen.ac.uk/media/22457/estimating-prevalence-young-people.pdf>

NSPCC (2015/16) What children are telling us about bullying. Childline bullying report 2015/16. Found here:

<https://learning.nspcc.org.uk/media/1204/what-children-are-telling-us-about-bullying-childline-bullying-report-2015-16.pdf>

Clery (2011). Estimating the prevalence of young people absent from school due to bullying. Nat Cen Social Research that works for society. Found here:

<http://natcen.ac.uk/our-research/research/estimating-the-prevalence-of-young-people-absent-from-school-due-to-bullying/>



**DIGITAL
BACKPACK**

We're proud to be the only charity set up in memory of Diana, Princess of Wales and her belief that young people have the power to change the world. It's a big mission but there are two things within it that we focus our charity's efforts on – young people and change.

Throughout all of our programmes and initiatives 'change' for and by young people is central, including our anti-bullying work which encourages change in attitudes and behaviours for young people by young people.

We hope you found this resource useful and wish you all the best in your anti-bullying journey. If you would like to help us create more resources and train even more Anti-Bullying Ambassadors you can make a £5 donation by texting CHANGE 5 to 70470 or visit diana-award.org.uk/donate

This resource is sponsored by:



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